Every day check list for camp

Tan or black jazz shoes (according to the day)

Workout/Running Sneakers

Water bottle

Troy-Ann Folder

Pen and paper

Extra pony tails

Any medical needs you may have

Name tag

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | HAVE ON | AM SESSION | PM SESSION | LUNCH |
| MONDAY  7:15-5:30 | Any solid black **dance/athletic** clothes  Officers – officer shirt | Technique | Pep Rally hip-hop | Pulled Pork Sandwich, coleslaw, fries |
| TUESDAY  7:15-5:30 |  | Field Pom  Bang Bang | Field Streamer Jazz  Exs and Ohs | NYPD Sandwich tray |
| WEDNESDAY  7:15-5:30 |  | Pep Rally hip-hop | Review | Pesto Cobb Salad |
| THURSDAY  830-12:30  6:00-7:30 |  | Pep rally | 6:00 team pics at Pennington and show off dances | Pizza and Sandwich tray |

WHAT TO WEAR/HOW TO LOOK

* You may wear any sports bra unless stated differently
* You will need sneakers for the track and for some hip hop routines. Any sneakers are fine
* Your hair will need to be out of your face everyday
* You do not have to have on makeup, BUT you need to look alive.
* Only studs in your ears if you need to wear earrings
* A watch or fitbit type of device is allowed.
* You may wear any bottoms while running on the track